

# HOT Topics!



## HEALTHY SEXUALITY

*with Tommy Nelson*

Marriage can bring the most joy, but also the most pain. In the Old Testament, the Song of Solomon is a seven-fold chronology of a couple's life and relationship.

### 1. "The Art of Attraction"

What attracts a male and female to each other?

Solomon's relationship with God and truth was even better than his good looks.

The woman was submissive to authority in her life...Her character was more important than her looks, too. Physical looks fade, but spiritual qualities and character last.

### 2. "The Art of Dating"

The couple begins dating. Qualities in order of importance:

- Love the Lord and Godly character
- Socially relate to each other
- Physical attraction

They deeply respect and desire each other. Solomon does not take advantage of the woman.

Marriage = The time for sexual arousal, not dating.

**DATING:** Look for character and don't get involved physically with the other person before marriage.

### 3. "Courtship"

Commitments are made..."betrothed"

Again, God speaks blatantly about sexuality.

"The little foxes spoil"= premarital sex

**Premarital sex** is not the substance (or the foundation) of a relationship; however, growth in passion is normal.

More importantly, a Godly couple needs to have:

- A theological unity
- A moral unity (conduct)
- A ministerial unity (why they are here on earth)
- A genuine attraction

Sexuality needs to have a throttle to hold it back to the right time and place.

### 4. "The Wedding"

### 5. "The Marriage"

**Conflict** happens...

Remember, when you marry, you will have conflict and sin against each other.

You can expect it!

When you're offended by your mate, you don't have to join in their anger and return the sin.

Don't try to be the one to ...CHANGE... (OR CHASTEN) your mate.

The wife's esteem (respect) for her husband increases when he is kind and gentle with her.

### Resolution:

"Harsh words stir up anger..."

This couple talks together, admit when you've sinned to each other or offended.

Respond attentively with forgiveness.

**Reconciliation:** Marriages get 'scar' tissue. We must forgive and forget = Don't remind your mate of past forgiven sins they've committed.

## 6. The Art of "Romance"

Romance = The ability to keep your marriage alive.

How do we keep the Fire alive??

Men can start by building up the woman (loving her) with praise and romance. Woman will respond a man's love and desire with sexual response.

## 7. The Art of "Fidelity"

**FAITHFULNESS** to the end.

You both, as a couple, need to believe that God brought you both together and ordained your relationship. Your love is permanent and patterned after God.

**BEFORE ANYONE MARRIES, EACH PERSON NEEDS TO BE ABLE TO WALK WITH GOD AND HAVE A PERSONAL RELATIONSHIP WITH GOD ON THEIR OWN, WITHOUT THEIR BETROTHED.**

When you follow these steps, God becomes the center of your relationship and your marriage is a fulfilling, exciting adventure throughout your entire lives!